**Key indicator 1:** The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school

## INTENT

#### For all school:

- To promote physical activity across the curriculum time and outside of the classroom.
- To include the daily mile or active 15 to promote physical activity and increase fitness throughout the school.
- To promote children to engage in learning and physical activity during their time on the playground.
- To ensure all children have access to high quality teaching.
- To promote the use of active brain breaks
- Every child in the trust to have access to the swimming pool.

#### **IMPLEMENTATION**

- Offer afterschool and breakfast sports clubs
- Train playground leaders and lunch staff to lead activities at break/lunchtime and Active 15.
- PE team to deliver afterschool clubs
- PE team to assist schools in the use of brain breaks

#### **IMPACT**

- Behaviour has improved at break and lunchtime due to fewer opportunities to be bored.
- The children are able to physically move for longer without needing to stop.
- Children are more ready to learn after activity
- All children are able to swim before they leave primary school.

# **Key Indicator 2:** The profile of PESSPA being raised across the school as a tool for whole school improvement

## INTENT

#### For all schools:

- To promote achievements in school during assembly time and at the end of the academic year to promote sport in the school, including celebration with parents.
- To promote achievements throughout the year when children attend tournaments to promote sport in the school.
- Notice board to raise the profile of P.E. and sport in school for children, visitors and parents to see.
- Sport and PE to be promoted within horizons.
- Trust tournaments arranged for both key stages.

	IMPLEMENTATION  - Schools to book onto the trust tournaments - Medals and certificates bought  IMPACT - Minimal or no children opting out of PESSPA
	<ul> <li>Children are proud of all sporting achievements inside and out of school</li> <li>Children are enthused and want to represent their schools.</li> </ul>
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	<ul> <li>INTENT</li> <li>For all schools: <ul> <li>Identify any training needs across the trust and find courses.</li> <li>PE Lead to offer training where schools have requested.</li> <li>PE lead to keep schools up to date with any new legislations when teaching/leading PESSPA.</li> </ul> </li> <li>IMPLEMENTATION <ul> <li>Dance course was run at Rendlesham and follow on lessons were given to staff.</li> <li>PE Lead works with specific teachers with planning and delivering lessons.</li> <li>PE lead to develop the use of 'double page' spread for assessment in PE</li> </ul> </li> <li>IMPACT <ul> <li>Teachers were given greater confidence to deliver high quality Dance lessons/ gymnastics one needs to be arranged next year.</li> <li>Children are able to show their understanding and knowledge that they have been taught.</li> </ul> </li> </ul>
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils	INTENT For all schools:  - Continue to expose and encourage the children to participate in a wide range of physical activities especially sports and activities not normally covered in PE lessons.  IMPLEMENTATION  - Examples are Fencing, Shooting, Archery, lacrosse and golf.  - PE lead can sign post schools to other specific sports.  IMPACT  - Children will find a sport/activity that they love and will develop lifelong participation.  - Be active healthy adults.

Key indicator	<b>5:</b> Increased	participation in	n competitive sport
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Trust wide competition delayed due to covid.

# **INTENT**

- All children have the opportunity to take part in intra school competition.
- All KS2 children are given the opportunity to take part in inter trust competition.

# **IMPLEMENTATION**

- Sports days, intra house completions throughout the year.
- Trust wide tournaments around the 2 counties. Every KS2 child has the opportunity to take part in the cross country at Helmingham Hall.

# **IMPACT**

- Children are proud to be in a team and a community.
- Children are exposed to winning and losing.

Total amount carried over from 2019/20	£ 121,291.21
Total amount allocated for 2020/21	£ 184,750.00
How much (if any) do you intend to carry over from this total fund into 2021/22?	£ 60,952.80
Total amount allocated for 2021/22	£ £184,440.00
Total amount of funding for 2021/22. To be spent and reported on by 31st July	£ 245,392.80
2022.	